

Abstract

Title: Physical Self-perception of musical dancers

Objectives: The main aim of the diploma thesis is to find out whether there are any gender differences in the physical self-concept of musical dancers.

Methods: The thesis has a character of empirical and theoretical research and includes elements of quantitative research with an application of a survey. Specifically the thesis represents a cross-sectional study. A multidimensional questionnaire, the Physical self-perception profile was administered to a sample of N=40 musical dancers. The questionnaire consists of five subdomains including: sport competence, physical condition, physical attractiveness, physical strength and physical self-esteem. The t-test for two independent groups (men and women) was applied to test the group differences.

Results: The results did not reveal any significant gender differences in physical self-concept between male and female musical dancers.

Key words: PSPP, Physical Self-perception profile, dance, musical